



	Report
Name of Activity	An Awareness Program on Psychological Problems
Date	Tuesday, May 31, 2022
Venue	Seminal Hall
Organized by	Grievance Redressal Committee
Coordinated by	Mr. Himanshu Rastogi, Faculty, MIMT, Greater Noida
Name of Expert	Mr. Praveen Kumar
Participated by	BCA Students (49)
Activity Convener	Dr. Kanika Sharma, Faculty, MIMT, Greater Noida
Objective	Awareness about the Psychological Problems is an important issue for all students. A student's mental health has on learning and achievement, and they realize that there's a great deal that can be done to help students with psychological problems.
Content	The event was started with the welcome of session expert by event coordinator. Mr. Himanshu Rastogi by the presenting the flower plant. After that Mr. Praveen Kumar shared some topics related to the Psychological Problems. He explained some concepts about Personality, Persona, behavior, conscious and unconscious mind, psychology and related issues. Further he suggested some solutions to deal with this issue. The session was very informative and interactive. During the session various queries were asked by the faculties and students. The anchoring was done by the BCA First Year student, Prashansa Kumari. The event was ended with the formal vote of thanks and singing of the National Anthem.



Outcomes of Activity	<ul style="list-style-type: none"><li>• Provides a better understanding of how psychological problems can affect a person's life and to recognize early signs and risks of psychological problems</li></ul>
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**Mangalmai Institute of Management Technology**  
Greater Noida (U.P.)



**MANGALMAY**  
INSTITUTE OF MANAGEMENT TECHNOLOGY  
GREATER NOIDA

Is Organizing

**Awareness Program  
On  
"Psychological Problems"**

Dated: Tuesday, 31 May, 2022  
Time: 2:00 PM to 4:00 PM



Image1 : Flex of activity



Image 2: Faculty member and students attending the session.



Image 3: Mr. Himanshu Rastogi, Faculty of BCA department presenting flower plant to session Expert Mr. Praveen Kumar, Faculty of Education Department.



Image 4: Mr. Praveen Kumar, faculty of education department presenting their views on Psychological problems.



Image 5: Students asking questions during question answer session with session expert.



**Image 6: Faculties group photograph with session Expert, Mr. Praveen Kumar**