



Date: 6th December, 2021

Report

Name of Activity	Workshop on Body Language
Date	10 th December, 2021
Venue	School of Education, MIMT
Organized by	School of Education, Mangalmai Institute of Management & Technology
No. of Beneficiaries	56 Students of B.Ed. and B.A.B.Ed.
Resource Person	Dr. Lokesh Verma, Associate Prof. Subharti University, Meerut.
Activity In-charge	Mr. Ashish Srivastava, Faculty, School of Education, MIMT
Objectives	<ul style="list-style-type: none">• To create awareness about the body language and its components being used during communication.• Understand the importance of body language in effective communication and presentation skills.• Developing effective verbal and non-verbal communication through the use of various components of body language, e.g., eye contact, facial expressions, tone or voice, body postures and smile.• To make the participants learn the use of positive body language for effective communication.• To make participants use positive body language for social and professional growth and development.
Content	<p>The workshop was organized by the T&P committee, Mangalmai Institute of Management & Technology, on 10th December, 2021 with the view to encourage participants to understand the phenomenon of body language, enhance awareness towards the importance of body language in social and organizational sphere, and overcome the barriers in expressing the positive body language.</p> <p>The workshop started with the introduction of the workshop and orientation of the participants by the Activity-in-Charge Mr. Ashish Srivastava. It was followed by lecture on the Body Language by the resource person Dr. Lokesh Verma, Associate Prof. Subharti University, Meerut followed by the group activities for the participants to introduce themselves, break the ice and encourage participation & involvement. Then discussion on importance of body language in communication and presentation took place. Later different components of body language were discussed, their importance was manifested through their expressions for example, eye contact, facial expressions, voice, body posture, smile, etc. The session also helped in the Self Awareness of participants in terms of difficulties faced during presentations (Group discussion, role play). A total of 56 students participated in this activity. The workshop was concluded with the vote of thanks and concluding remarks by the Mr. Ashish Srivastava.</p>



Outcome of Activity	<ul style="list-style-type: none"> All the participants of the workshop took keen interest in all the activities. All the participants got the opportunity to familiarize themselves with positive and negative body language being used the social and academic platforms. All the participants got a chance to develop their positive body language helpful in communication and presentation skills.
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(Dr. Manoj Kumar Singh)
Principal

List of Participants of “Workshop on Body Language” held on 10thDec,2021

List of Participants (B.Ed.)	List of Participants (B.A.B.Ed.)
Akash Singh Rawal	Anshika Yadav
Anshika singh	Deepika Bidhuri
Ganga Prasad Singh	Khushi Aeana
Kesav Singh	Kajal Bhati
Kiran Mishra	Meenakshi
Km Durgesh Bhati	Prachi Tyagi
Nagma	Sakshi Tyagi
Pradeep Dwivedi	Roopal Gautam
Rakhi Dubey	Vidhi Chaudhary
Reshma Gautam	Aakansha Parashar
Sonam Arora	Arjoo Lohiya
Anamika Chaudhary	Himanshu Kumar
Annu Singh	Khusboo Nisha
Azad Singh Yadav	Neha Bansal
Dayashankar	Priya Pandey
Dimpal Kumar	Safaque
Harshika Tiwari	Shikha Bhati
Jitendar Yadav	Sweety Khari
Kamna Sanahi	Archi Bhati
Laxmi Pradhan	Guddi
Minni	Mani Bhati
Nishant Gupta	Phool Kumari
Omendra Singh	Priyanka Kumari
Priya Negi	Riya Tyagi
Rita Paul	Sana David
Sakshi Sharma	Shipi Singh
Shivam Patel	Simple
Suraj Kumar	Vanshika Sagar

(Dr. Manoj Kumar Singh)
Principal

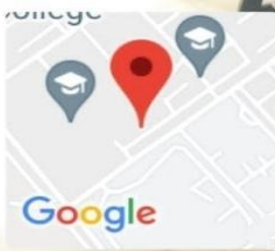


“Workshop on Body Language” held on 10thDec,2021





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Lat 28.45851°

Long 77.492983°

10/12/21 11:40 AM

