



Date:23/11/2021

Report	
Name of Activity	Brain Gym (Sudoku)
Date	24/11/2021
Venue	School of Education, MIMT
Organized by	School of Education, Mangalmai Institute of Management Technology.
No. of Beneficiaries	42 Students of B.A.B.Ed.
Activity In-charge	Mr. Ashish Srivastava, Faculty, Education Department
Objectives	<p>This activity was organized</p> <ul style="list-style-type: none">• To boost logical thinking.• To improve Memory & Recall.• To Develop quick- thinking skills.• To enhance learning, communication ability, attention, memory, academic performance in students and also help maintain a healthy lifestyle• To improve concentration.
Content	School of Education, MIMT organized an activity, “Brain gym (Sudoku)” for the students of B.A.B.Ed. The activity started at 12.30 PM. The activity In-Charge Mr. Ashish Srivastava informed the students about the activity and the rules to be followed during the activity. The standard version of Sudoku consists of a 9.9 square grid containing 81 cells was used. The grid is subdivided into nine 3.3 blocks. Some of the 81 cells are filled in with numbers from the set (1, 2, 3, 4, 5, 6, 7, 8, 9,). A total of 42 students participated in this competition out of which only six students could complete their Sudoku grid. It was a very interesting activity.
Outcome of Activity	<ul style="list-style-type: none">• This activity will help students to develop logical thinking.• Brain gym improves whole brain learning through some basic yet fun movements.• This activity will help to Improve concentration among students.



List of Beneficiaries of “Brain Gym Activity” held on 24th November,2021

Varsha Bansal	Nikita Bhardwaj	Reena Nagar
Anvhal Kumari	Nishu Payal	Komal tripathi
Divya Malik	Richa Jha	Fiza Ali
Deepika	Rohan	Km Varsha Attri
Arsheen	Rohit Chandila	Mohit Yadav
Monika Upadhayay	Simran Rastogi	Nagma
Praveen Kumar	Ruchi Chauhan	Deepa
Risha	Ekta Sharma	Shivangi Srivastava
Shreya Sharma	Shruti singh	Varsha
Vaishali Rawat	Shivani Rani	Neha Chandra
Annpurna Bhardwaj	Shivam Patel	Lavanya
David Bhati	Divya Mittal	Annu singh
Rashmi	Kajal gupta	Sana david
Payal Bhati	Kamna Snehi	Prachi Pal

List of Winners “ Brain Gym Activity”

<u>Sr.No</u>	<u>Name of Winners</u>	<u>Course& Years</u>	<u>Position</u>
1	Ruchi Chauhan	B.A.B.Ed 1 st year	1st
2	Arsheen	B.A.B.Ed 2 nd year	2nd
3	Anchal Kumari	B.A.B.Ed 1 st year	3rd



“Brain Gym Activity” held on 24th November,2021





Mangalmay Institute of Management Technology
Greater Noida (U.P.)

