



Date: 18thDecember, 2021

“SPORTS MEET”

Report on Lemon & Spoon Race

Date: 23/12/2021

Venue: Time: Ground Floor

Participants: 32

Co-ordinate by: Dr. Poyam Sharma and Ms. Anita

Introduction of Game:

Under the activity “Lemon Spoon Race”, students were instructed to perform individually. To participate in such a race, **a person has to master the balancing act**. A lemon is placed on a spoon and the participant, in turn, has to hold the spoon in his mouth. With that, he has to walk towards the finishing line. Students were excited to perform their role.

Objectives of the Activity:

- To determine the positive perspective of life.
- To induce concentration and achieving target will multiple responsibilities
- The aim of the activity is each member will have found the silver lining to their experiences.
- To introduce the cordial relationship
- To encourage learning with fun.

Learning Outcomes:



- Students became more familiar with each other.
- After this activity, students learn to view the balancing of life
- This Activity improves students' positive perspective and learns from it.

Feedback of Student:

Students enjoyed a lot during this Game "Lemon Spoon Race". They were fully excited throughout activity. They are looking forward for more such type of activities.

Photograph:





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