



Date: 14th February, 2022

Report	
Name of Activity	Cooking Without Fire Competition
Date	16 February, 2022 (Wednesday)
Venue	School of Education, MIMT
Organized by	School of Education, Mangalmay Institute of Management & Technology
No. of Beneficiaries	52 Students Of B.A.B.Ed.
Activity In-charge	Ms. Vandana, Faculty, Education Department
Objectives	<ul style="list-style-type: none">• To provide a platform for students to showcase their talents.• To help the students to explore new ideas of interest.• To create awareness about the nutritional value of food cooked without fire.• To educate them about healthy eating.• To encourage them to stay away from junk foods.• To make them learn about teamwork.
Content	“Cooking Without Fire” competition was organized by Eco Club, MIMT on 16 February, 2022 in the college premises. Students participated with full zeal and enthusiasm as they prepared nutritious yet delectable delicacies. They prepared dishes like Sprouted Bhel, Spicy Buttermilk and Cheesy Biscuit Cake. Beautifully decorated food items were a visual treat and were presented in artistic yet aesthetic style. Dishes were judged on nutrition and taste by our judges. They interacted with the participants to find out ingredients of the recipes, nutritious values and the process of making those dishes. Each dish was good so the results were announced amid tough competition. First position was secured by B.A.B.Ed. 3 rd Year, second by B.A.B.Ed. 1 st Year and third by B.A.B.Ed. 2 nd Year respectively.
Outcome of Activity	<ul style="list-style-type: none">• The student became aware about the nutritional benefits of food cooked without fire.• They explored new recipes which are healthy as well as presentable.• They got the opportunity to showcase their talents.• They became aware of the hard work put into cooking.

(Dr. Manoj Kumar Singh)

Principal



**List of Participants of ‘Cooking without fire Competition’ held on 16th
February, 2022**

Name of the student participated	Name of the student participated	Name of the student participated	Name of the student participated
Kalpana	Sweety	Ayush	Kashish
Ayushi	Mani	Deeksha	Annapurna
Nikita	Preeti Singh	SimranMangla	Neha Chandra
Neelam	Arsheen	RiyaJha	Kanak
PriyankaKumari	Neetu	Nishu	Divya Malik
Richajha	Kajal	Ruchika	BhoomikaParashar
Sana David	Rashmi	Harshita	Komal
Guddi	Vidhi	Simran	Aanchal
Preeti	Pragya	Neha	Priyanka
Alshifa	Varnika	Aakansha	Krishna
Vanshika	Nikita Bhati	Pratiksha	AnshikaYadav
Meetanshi	KhushiAwana	Payal	PrachiTyagi
Chelsi	Gayatri	Nikita	Ruchi

List of Winners of “Cooking Without Fire”

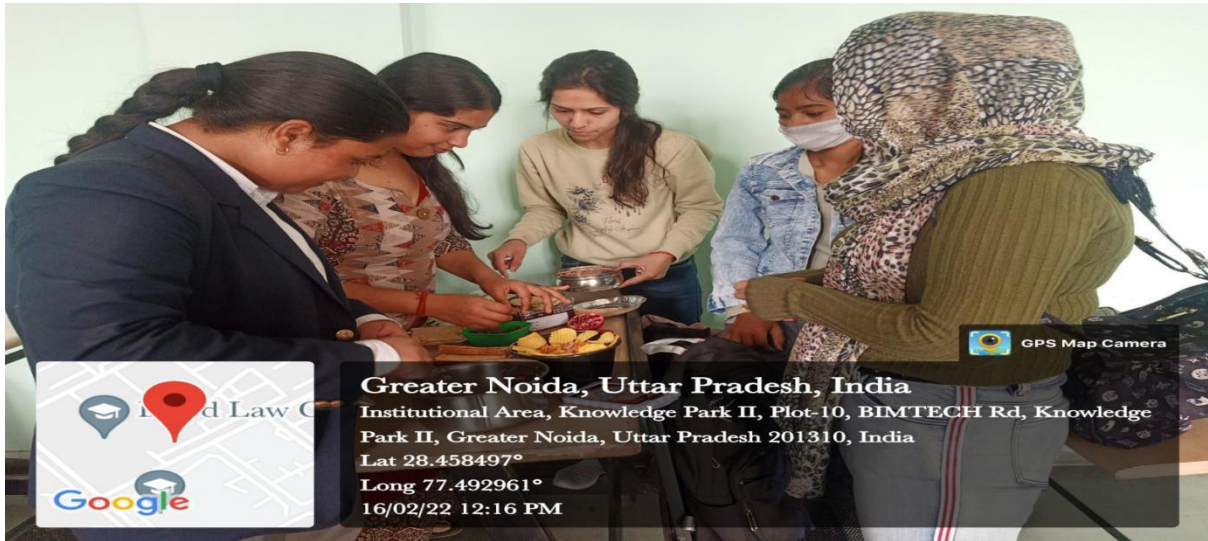
Sr. No.	Name of Winners	Course & Year	Position
1	Rashmi	B.A.B.Ed. 3 rd year	1 st
2	Priyanka, Varnika, Krishna, Nikita Bhati	B.A.B.Ed. 1 st year	2 nd
3	Ayush, Ayushi, Nikita, Deeksha	B.A.B.Ed. 1 st year	2 nd
4	Preeti Singh, Annapurna, Arsheen	B.A.B.Ed. 2 nd year	3 rd
5	AnshikaYadav, KhushiAwana	B.A.B.Ed. 3 rd year	3 rd

(Dr. Manoj Kumar Singh)

Principal

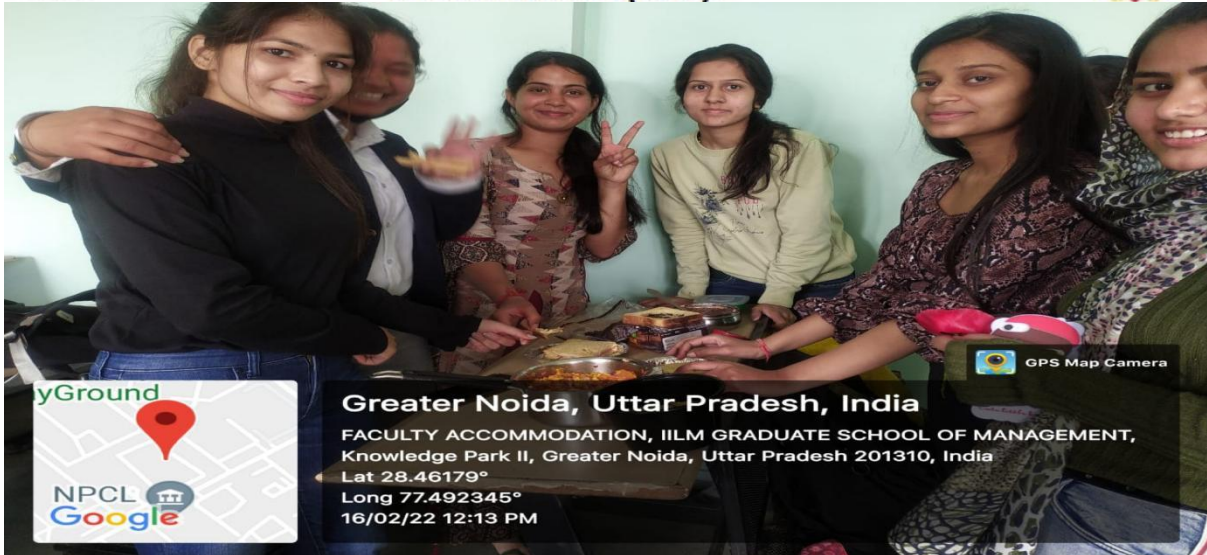


“Cooking without fire” held on 16th February, 2022





Mangalmay Institute of Management Technology Greater Noida (U.P.)





Mangalmai Institute of Management Technology Greater Noida (U.P.)



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Greater Noida, Uttar Pradesh, India
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OF MANAGEMENT, Knowledge Park II, Greater Noida, Uttar
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Long 77.492345°
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