



	<b>Report</b>
Name of Activity	<b>Guest Lecture on World Hand Hygiene Day</b>
Date	5 <sup>th</sup> May 2021
Venue	Seminar Hall, MIMT
Organised by	Management Department
Name of Expert	Dr Mahesh Kashyap
Participated by	BBA, B.Com and BCA (321 Students)
Activity Convener	Mr. Nishant Kumar
Content	<p><i>Clean Your Hands</i> global campaign, launched in 2009 and celebrated annually on 5 May (World Hand Hygiene Day) aims to maintain global promotion, visibility and sustainability of hand hygiene in health care and to 'bring people together' in support of hand hygiene improvement around the world by World Health Organization (WHO). Seeking the current situation and prevailing medical condition during pandemic COVID19, Mangalmay Institute of Management Technology celebrated world Hand Hygiene day and invited Dr Mahesh Kashyap from Fortis Healthcare. Dr Kashyap stated with how health and hygiene are related. With interesting presentation he depicted how sever a situation can become if human do not keep hygiene. He properly explained the reason behind how soap can break the links of virus and bacteria. Along with hand hygiene Doctor discuss the different tips to be healthy in current situation through good diet, good hygienic habits and regular exercise. He also showed the correct practice of washing hands with soap and how to use sanities to keep hand hygienic.</p>
Objective	<p>The aim of this Guest Lecture:</p> <ul style="list-style-type: none"><li>• To have information about WHO, World Hand Hygiene day</li><li>• To learn the ways, to be healthy in current situation through good diet, good hygienic habits and regular exercise.</li></ul>
Outcome of Activity	<p>Students will be informed about different health initiative started by WHO and practice of having good diet, good hygienic habits and regular exercise for healthy lifestyle.</p>